

**Falmouth Middle School PTO Meeting**  
**Wednesday, February 3, 2010**  
**Falmouth MS Library**  
**Real Life, Real Talk**

Attendance: Many community members and staff members attended the meeting.

**Terri St. Angelo (President)**

Welcomed all and provided a brief description of what the evening would cover. The PTO has put together another newsletter. Copies were provided at the meeting and you can also find the newsletter on the MS PTO website. The PTO members were introduced.

**Sue Palfrey (Principal)**

There is a paying lunch aide's position available at the middle school. Further information will be posted in the Principal's Notes.

Terri introduced Amy Russell and Lauren Grousd of Real Life, Real Talk.

**Lauren Grousd (Project Coordinator)**

Lauren provided a little background on how Real Life, Real Talk ([www.realliferealtalk.org](http://www.realliferealtalk.org)) began in 2007 as a pilot program. It is an organization that brings people together to support parents as they strive to raise sexually healthy kids in today's sex-saturated culture.

A 16-minute video was view on "What do you wish someone had told you about sex". Following the video, discussion ensued about everyone's thoughts on the video.

**Jean Barbour (MS Nurse)**

Jean provided a description of what is covered in 5<sup>th</sup> & 8<sup>th</sup> grade Health class. The 5<sup>th</sup> graders cover the male and female reproductive systems. The 8<sup>th</sup> grade health class covers – relationships, sexually transmitted diseases, reasons abstinence is a safe choice, and refusal skills. "The goal of this unit is to give you the education you need to keep you safe and healthy. If any of the topics make you feel uncomfortable, remember that it is okay to feel that way. You will never be asked to say anything out loud or do an activity you don't want to do. Respectful behavior by everyone at all times is absolutely required. The hope is that by the end of the unit, you will feel like you have some skills to be sure that your close relationships promote your emotional and physical health. For additional information on either of these health classes, you can contact the MS Health teachers Stephanie Knight ([sknight@fps.k12.me.us](mailto:sknight@fps.k12.me.us)) or Kathy Zema ([kzema@fps.k12.me.us](mailto:kzema@fps.k12.me.us))

Many handouts were provided by Real Life, Real Talk – Holistic Sexuality, Questions Youth Ask, Talking with Boys about Sex, Sexuality Book List for Parents, Advocates for Youth, and Youth and Steps to Addressing Sexuality Issues with Your Kids. You can find a host of information at the website [www.realliferealtalk.org](http://www.realliferealtalk.org). Attendees broke up into small discussion groups to review several of the handouts.

The next PTO meeting will be on Tuesday, March 16<sup>th</sup> at 9:00 am in the MS Library. The meeting adjourned.

Respectfully submitted,  
Barb Skop