REFLECTION AS A LEARNER

The final element of Section One of The Portfolio is this form: your reflections on yourself as a learner. Even though your time at FHS is ending, our hope is that you will never stop learning (in fact, "a self-directed and life-long learner" is one of the goals we set for each of our students in the school's mission statement).

However, we all learn differently, so the following questions are intended to give you a chance to reflect on how you learn:

1. You've been in formal education for 13 years now. As you recall your experiences in school, how would you describe yourself as a student?

2. What are the ways in which you learn best (lecture, group activity, hands-on, etc.)? Why?

3. In what circumstances do you find it most difficult to learn? Why?

4. What are some areas of interest that you'd like to learn more about as an adult that you may not have encountered as a K-12 student?

Please include this reflection form in your portfolio.